

# Elevate:

*What Do I Want to be  
When I Grow Up?*

2023 ISM NJ  
Women & Leadership Conference



# Disclaimer

*The views expressed in this content are solely those of the author and do not necessarily reflect the views of my company or companies, its affiliates, or employees.*

## Development of Values



Values are shaped by our backgrounds, cultures, experiences,  
and conscious decisions about what is right.

# My Career Journey



# When should I take a risk at work?



You are bored.



You hit a ceiling and are wasting potential.



The only thing holding you back is your fear.



Your personal life is in transition. You may have increasing pressure to reevaluate your career.



You have a calling.

# How do you deal with change?

Dealing with change can be challenging, but there are ways to make it easier. Here are some tips that might help you:

- 1. Prepare yourself**
- 2. Change how you think**
- 3. Maintain routines**
- 4. Find social support**
- 5. Practice self-care**

Remember that everyone deals with change differently, so it's important to find what works best for you.



# My Career Journey



Take a Risk



A woman with long brown hair, wearing a black blazer over a white collared shirt, is shown from the chest up. She is looking upwards and to the right, with her mouth slightly open and her right hand raised to her chin, biting her index finger. The background is plain white.

# Imposter Syndrome

Imposter syndrome is a psychological phenomenon where you doubt your accomplishments and have a persistent fear of being exposed as a fraud.

It is often characterized by feelings of inadequacy, self-doubt, and a lack of confidence.

If you experience imposter syndrome, you may attribute your success to external factors such as luck or timing, rather than your own abilities.



It is important to remember that imposter syndrome is not based on reality and can affect anyone, regardless of your achievements or qualifications.

**Tips to manage imposter syndrome:**

- Separate feelings from facts
- Take note of your accomplishments
- Stop comparing yourself to others
- Share your feeling - remember that you're not alone
- Welcome help from others
- Address your areas of opportunity

**Overcoming imposter syndrome involves changing your mindset about your abilities!**

# My Career Journey



*Take a Risk*

AVAYA



*Deal with Imposter Syndrome*



# Building a Strong Network in a Digital Age



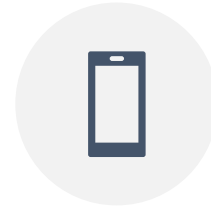
LEVERAGE  
SOCIAL MEDIA



JOIN ONLINE  
COMMUNITIES



ATTEND  
VIRTUAL EVENTS



BE ACTIVE ON  
SOCIAL MEDIA



USE EMAIL TO  
STAY IN TOUCH



BE AUTHENTIC



OFFER VALUE



FOLLOW UP  
REGULARLY

BEING YOUR  
**Authentic Self**  
is the most  
**POWERFUL FORMULA**  
**FOR SUCCESS**  
**THERE IS!**

*-Stacia Pierce*

# My Career Journey



*Take a Risk*



*Build Your Network*



*Deal with Imposter Syndrome*



---Internal Use---

# What is Your Leadership Style?



<input type="checkbox"/>	Autocratic	<input type="text"/>
<input type="checkbox"/>	Democratic or Participative	<input type="text"/>
<input type="checkbox"/>	Laissez-Faire	<input type="text"/>
<input type="checkbox"/>	Authoritative	<input type="text"/>
<input type="checkbox"/>	Persuasive	<input type="text"/>
<input type="checkbox"/>	Transformational	<input type="text"/>
<input type="checkbox"/>	Transactional	<input type="text"/>
<input type="checkbox"/>	Collaborative	<input type="text"/>

A photograph of a vast cornfield under a sunset sky. The corn plants are green and healthy, stretching towards a distant horizon where a small barn is visible. The sky is a mix of orange, yellow, and blue. A semi-transparent white banner is overlaid across the middle of the image, containing the quote.

**The day you plant the seed  
is not the day you eat the fruit.**

Fabienne Fredrickson

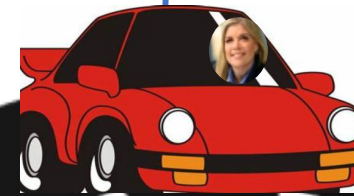
# My Career Journey



*Take a Risk*



*Build Your Network*



*Deal with Imposter Syndrome*



*Know Your Leadership Style*

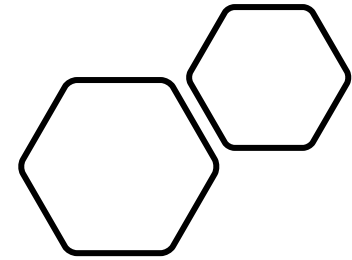
Choose a job you love,  
and you will never have  
to work a day in your  
life.



**Confucius**

*Chinese Teacher, editor, politician  
and philosopher*

*QuoteHD.com* (551 BC - 479 BC)



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“Forget about the fast lane.  
If you really want to fly, harness  
your power to your passion.  
Honor your calling. Everybody  
has one. Trust your heart, and  
success will come to you.”

- Oprah Winfrey



# My Career Journey



*Take a Risk*



*Build Your Network*



*Know Your Passion*



*Deal with Imposter Syndrome*



*Know Your Leadership Style*





## How to elevate and inspire people around you

- REFRAIN FROM COMPLAINING.
- LEAD BY PERSONAL ACTION AND OUTLOOK.
- OFFER A SUPPORT SYSTEM.
- GIVE SMALL ACTS OF KINDNESS.
- SHOW AMBITION.
- EMBRACE VULNERABILITY.
- TREAT OTHERS WITH EQUALITY.
- ILLUMINATE THEIR STRENGTHS.

# My Career Journey



*Take a Risk*



*Build Your Network*



*Know your Passion*

*Deal with Imposter Syndrome*



*Know Your Leadership Style*



*Continue to Elevate*



I MAY BE ONLY  
ONE PERSON, BUT  
I CAN BE ONE PERSON  
WHO MAKES A  
DIFFERENCE.

Vadra Francene Groce  
Age 10  
Bowling Green, Kentucky





# Tamra Pawloski

## Senior Director, Global Head of Leveraged Procurement and Corporate Real Estate

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Tamra Pawloski is Senior Director, Global Head of Leveraged Procurement & Corporate Real Estate at Corteva Agriscience, an industry-leading, global pure-play agriculture company that deliver solutions for the world's most pressing agriculture challenges. She has global responsibility for all indirect procurement and logistics procurement, leveraged across business units as well as the full facilities and real estate team. She also oversees operational excellence and business service center operations as well as global supplier diversity, and procurement sustainability.

She joined Corteva from AIG, where she served as Global Head of IT Asset Management, focused on improving their asset management discipline, mitigating risks and strengthening policy and procedures for hardware and software compliance.

Previous positions included 10 years at Chubb, the world's largest publicly-traded property and casualty insurance company, where she ultimately served as Vice President of Indirect Sourcing. Prior to that, she worked 10 years at Telcordia Technologies, a major player in U.S. telecommunications, ultimately as Procurement Director, as well as serving as their Small Business Liaison Officer (SBLO) for several years.

Tamra is a graduate of University of Phoenix, MBA in Technology Management and University of Scranton, BS in Accounting. She serves on various boards and committees, including as Agriculture Chair on the Board of Women's Business Enterprise National Council (WBENC). She is also a past president of the Institute of Supply Management (ISM) New Jersey.

Tamra currently resides in Indiana with her husband, son and dog Tucker.

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